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***TEARS OF FEARS BEHIND CLOSED DOORS***



**PRESS RELEASE**  
(for Immediate Release)

## **The Silent Crime of Domestic Violence and One Author's Need to Speak Out**

Goffstown, MA. January 30, 2009: Every day, thousands of women in America are victimized in their own homes. Trapped emotionally and financially, these women, along with their children, remain in unhappy, unsafe relationships because they have lost their light, lost their hope, and simply no longer believe there is anything out there for them except the miserable life they are already living. Spousal abuse, like child abuse crosses all lines of race, age, and income. It does not distinguish between rich or poor; homemakers or businesswomen. Statistics vary, but some suggest that as many as one in three women are victims of domestic violence. Author Lyn-Dee Eldridge, believing that not enough is being done, has just written a compelling book,

sharing her own story of abuse and recovery. *Tears of Fears Behind Closed Doors*, will change hearts, empower women, and help fund battered women's causes.

Lyn-Dee Eldridge says, "Everyone has the right to live; no one should feel as if she is a failure or be told what she is capable of doing and not doing. Every woman has the right to create a lifestyle that she dreams about. I have been where many are, in a very dark and lonely place."

### ***Tears of Fears Behind Closed Doors Will Help Fund Women's Shelters***

A portion of the proceeds from every book sold is being donated to various non-profit organizations. The first check from books sold at a women's retreat in Chicago was written to 'New Beginnings' A Women's Crisis Center in Laconia, NH on December 7, 2008. "Who's next?" asks the author, as she challenges men and women to read her book, share her heartbreak and her triumph, and then take action, creating awareness of this 'silent' crime that clearly is not going away unless much more is done.

In publishing *Tears of Fears Behind Closed Doors*, Lyn-Dee explains, "If you would give me the honor and read my book, I know we can help change so many women's lives together. I am inviting you to my website ([www.tearsfears.com](http://www.tearsfears.com)), and asking for your review." She makes her case in an impassioned personal plea, "I promise you, it won't be a waste of your time and I believe when you are done reading my book, you will understand how this book can help change the lives of women nationwide. I am hoping you can feel my desire and strength. I cannot stress to you how important this is to me to help others. Please, can I count on you?"

Currently Lyn-Dee Eldridge is working with many leaders from non-profit organizations and nationwide collations in a mission that she calls "endless" toward a goal she says is "***impossible without your help.***"

### **Lyn-Dee Eldridge, Speaking Out**

Lyn-Dee Eldridge is a highly-sought Motivated Public Speaker, who brings both tears and laughter to the audience at her speaking seminars. Her vision for *Tears of Fear Behind Closed Doors* is that it will create

exposure for the issue of domestic violence, raise funds, and give rise to self-help, personal development seminars and workshops for women and children. Taking women from bruises to breakthroughs, Lyn-Dee teaches the principles of paying it forward, teaching and inspiring women with the message that everything is possible. She makes her point clearly, "I am doing this; I am not stepping down or shutting up. My goal is to make a profound difference by helping women see that they do have choices and they are entitled to a life that is truly worth living." As she explains, "I can do this without you, but it will be a lot harder and take a lot longer. In the meantime, more women and more children will suffer from abuse. I need your help. Can I count on you?"

To learn more about Lyn-Dee Eldridge and her book *Tears of Fear Behind Closed Doors*, or to book her as a motivational speaker, you may contact Lyn-Dee directly by calling (603) 365-5154 or by e-mailing: [eldridge@tearsfears.com](mailto:eldridge@tearsfears.com).

For more information, please go to: <http://www.tearsfears.com>.

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